



# CHICAGO MARTIAL ARTS -MUNDELEIN

## 2009 SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CHILDREN PROGRAMS</b>						
<b>LITTLE NINJA - BASIC</b>	4:30 PM - 5:00 PM	4:30 PM - 5:00 PM	4:30 PM - 5:00 PM	4:30 PM - 5:00 PM	2x a week only	
<b>LITTLE NINJA - BBC</b>	4:30 PM - 5:15 PM	4:30 PM - 5:15 PM	4:30 PM - 5:15 PM	4:30 PM - 5:15 PM	4:30 PM - 5:00 PM	
<b>TAEKWONDO - BASIC</b> <i>WHITE - GREEN</i>	5:15 PM - 6:00 PM	5:15 PM - 6:00 PM	5:15 PM - 6:00 PM	5:15 PM - 6:00 PM	2x a week only	
<b>TAEKWONDO - BBC</b> <i>YELLOW - GREEN</i>	5:15 PM - 6:00 PM	5:15 PM - 6:00 PM	5:15 PM - 6:00 PM	5:15 PM - 6:00 PM	6:00 PM - 6:45 PM*	11:00 AM - 11:45 AM
<b>TAEKWONDO - BBC</b> <i>PURPLE - HIGH RED</i>	6:00 PM - 6:45 PM	6:00 PM - 6:45 PM	6:00 PM - 6:45 PM	6:00 PM - 6:45 PM	6:00 PM - 6:45 PM*	11:00 AM - 11:45 AM
<b>TAEKWONDO - BBC</b> <i>DEPUTY 1 &amp; 2 - BLACK BELTS</i>	6:00 PM - 6:45 PM	6:00 PM - 6:45 PM	6:00 PM - 6:45 PM	6:00 PM - 6:45 PM	5:15 PM - 6:00 PM**	11:00 AM - 11:45 AM
					6:00 PM - 6:45 PM*	
<b>ADULT PROGRAM</b>						
<b>TAEKWONDO - BASIC</b> <i>WHITE - GREEN</i>	6:45 PM - 7:30 PM	6:45 PM - 7:30 PM	6:45 PM - 7:30 PM	6:45 PM - 7:30 PM	2x a week only	
<b>TAEKWONDO-BBC</b> <i>YELLOW - GREEN</i>	6:45 PM - 7:45PM	6:45 PM - 7:45 PM	6:45 PM - 7:45 PM	6:45 PM - 7:45 PM	6:00 PM - 6:45 PM*	12:00 PM - 12:45 PM
<b>TAEKWONDO-BBC</b> <i>PURPLE - HIGH RED</i>	6:45 PM - 7:45PM	6:45 PM - 7:45 PM	6:45 PM - 7:45 PM	6:45 PM - 7:45 PM	6:00 PM - 6:45 PM*	12:00 PM - 12:45 PM
<b>TAEKWONDO-BBC</b> <i>DEPUTY 1 &amp; 2 - BLACK BELTS</i>	6:45 PM - 7:45PM	6:45 PM - 7:45 PM	6:45 PM - 7:45 PM	6:45 PM - 7:45 PM	5:15 PM - 6:00 PM**	12:00 PM - 12:45 PM
					6:00 PM - 6:45 PM*	
<b>AIKI JIU-JITSU</b>			7:30 PM - 8:00 PM		7:00 PM - 8:00 PM	

**NOTE: \*\* SPECIAL DEPUTY 1 & 2 AND BLACK BELT TRAINING ONLY**

**NOTE: \* ADVANCE SPARRING CLASS**

**WEEKEND CLASSES ONLY FOR BBC MEMBER ONLY**